

AGAINST THE SPIRIT OF FEAR

PRAYER POINTS

LEARN THE ART OF WAR IN EVERY AREA OF LIFE



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Prayer Points



INTRODUCTION

What are Prayer Points?

Prayer points are specific topics or areas of focus that individuals or groups use during prayer. They serve as guidelines or prompts to direct prayers towards particular needs, desires, or situations. Prayer points can vary widely, covering personal issues like health, finance, or relationships, as well as broader concerns like the world, the nation, or the spread of faith. They are commonly used to help believers concentrate their prayers on specific objectives, develop a deeper connection with the God, and encourage a sense of unity among those praying together.

When should you pray?

Integrating prayer into our daily lives is essential, as the Scripture encourages us to "pray without ceasing." This continuous prayer isn't limited by location or activity; whether we're driving, working, or performing household chores, we have the opportunity to engage in prayer. Our prayers can be silent whispers or spoken aloud, adapted to the environment, and expressed in our native language or our spiritual

language, such as tongues, provided the setting allows.

Additionally, dedicating specific, uninterrupted time each day for prayer is crucial. Establishing and adhering to a regular schedule enhances our spiritual growth significantly. Here's a structured approach to enrich your prayer life:

1. **Choose a Consistent Time:** Commit to a daily time slot for prayer, allowing flexibility to extend if possible.

2. **Initiate with Worship:** Begin with 15 minutes of worship music to enter a state of gratitude and praise, as advised in Psalm 100:4-5. Standing during this time, if possible, can enhance your engagement.

3. **Pray in the Spirit:** For those gifted with speaking in tongues, dedicate time to this practice, increasing your duration gradually to deepen your spiritual communication with the Father. Encourage your physical self to follow the lead of your spirit.

4. **Prepare a Prayer List:** Maintain a list of individuals and matters you wish to pray for, keeping it dynamic as needs and insights evolve.

5. Practice Listening: Allocate time to listen. Often, we may miss the guidance of the Holy Spirit due to our focus on speaking. Silence can be a profound time of receiving.

By incorporating these practices, you'll likely experience a rapid elevation in your spiritual growth, balancing continual prayer with focused, undistracted times of deep intercession.

EMBRACE THE HOLY SPIRIT'S GUIDANCE IN YOUR PLANS

While approaching prayer with a structured plan is beneficial, it's essential to remain open and responsive to the Holy Spirit's direction. There may be days when the Spirit guides you towards dedicating your entire prayer time to worship or another form of intercession. Let the Holy Spirit guide your actions and be receptive to His leading.

PICK A PRAYER WATCH

If you're curious about what a "prayer watch" is, you're in for insightful knowledge. Some find themselves waking up at specific times during the night, which is a nudge from the Holy Spirit to engage in prayer during those hours. Prayer watches divide the 24-hour day into eight distinct periods, each with its spiritual significance:

1st Watch (6PM - 9PM): A time for quiet reflection and embracing new beginnings.

2nd Watch (9PM - 12AM): Focused on divine visitations, receiving favor, and experiencing deliverance.

3rd Watch (12AM - 3AM): Often called the Witching Hour, it's a period for engaging in spiritual warfare.

4th Watch (3AM - 6AM): The hour to ambush attackers and command your morning. A time when divine judgments are released.

5th Watch (6AM - 9AM): A period of empowerment for ministry, where believers are strengthened and prepared for service.

6th Watch (9AM - 12PM): Reflect on the crucifixion of Christ and witness the fulfillment of God's promises.

7th Watch (12PM - 3PM): A powerful time for spiritual grounding and accessing the secret place of the Most High.

8th Watch (3PM - 6PM): Dedicated to overcoming obstacles, securing victories, and witnessing miracles.

A great book to buy for more information on this topic is:

The Eight Prayer Watches by Ebenezer B. Gyasi

By understanding and participating in these prayer watches, you can align yourself more closely with what the Lord is doing in each season. Your prayer watch may change; be open to that. For a season, God had me praying during the 3rd Watch hour, then all of a sudden, it shifted and I was on the fifth watch.



PRAYER POINTS

AGAINST THE SPIRIT OF FEAR

- I reject fear in the powerful name of Jesus. God has not given me a spirit of fear, but of power, love, and a sound mind.
- Because Christ has given me authority to tread on serpents and scorpions, not only do I tread on you, I also cut your head off, you spirit of fear in my life, in the name of Jesus.
- I sever every evil agreement that has introduced fear into my life and into the life of my loved ones, in the name of Jesus.
- Right now, I reject every nocturnal terror contributing to my fear and demand its departure from my surroundings.
- My mind, my body, my home, is at peace and I am no longer a host for the spirit of fear to dwell in.
- I house the Spirit of the Living God ONLY. No spirit but the Holy Spirit resides in me.
- Spirit of fear, release your grip on me and my family in the name of Jesus.
- I decree that witchcraft prayers of fear used against me and my loved ones during the night shall come to naught. Burn to ashes right now in the powerful name of Jesus.
- You spirit of fear that attacks me and stops me from pursuing what God has called me to, be destroyed by the fire of God, in the name of Jesus.

- The fate of fear reserved for non-believers shall not be my portion, in the name of Jesus.
- My future is secure in Christ; I bind every spirit fostering tomorrow's fear in my life, in Jesus' name.
- Linked to God, my destiny is to succeed. This is what I am in agreement with, and I disassociated myself and my family from anything opposite of this.
- I break every fear-induced bondage I'm under, by Jesus'
- In Jesus' name, I close all doors previously opened by fear.
- I command all illnesses, oppressions, and depressions entered through fear to vanish, by the authority of my Lord & Savior Jesus Christ.
- I stand against intimidation by any demonic dream, in Jesus' name.
- I neutralize and command failure upon all fear-targeted spells and invocations against me and my loved ones, in the name of Jesus.
- No alliance between my adversaries, whether within or outside my home, shall prevail, in Jesus' name.
- Satan's plans for my household are nullified and will not manifest, in Jesus' name.
- I dismantle all attempts by the enemy to undermine my efforts, in Jesus' name.
- Any negative decrees against my work are invalidated, in Jesus' name.
- Lord, amplify my greatness and comfort, in the name of Jesus.
- As God takes pleasure in my success, I seek His blessing in my endeavors, in Jesus' name.

- May those opposing me unjustly retreat, in Jesus' name.
- I shut all openings exploited by foes against my professional pursuits, in Jesus' name.
- No scheme of Satan or his agents against me will succeed, in the mighty name of Jesus.
- Protected in Christ, nothing can harm me, fear you can't stay.
- Father, I ask You to open all paths to my blessings, achievements, and breakthroughs, undoing the enemies' blockades, in the name Jesus.
- I command frustration upon every demonic spirit working against me and my loved ones, right now I rend you of your power in the name of Jesus.
- Right now, in the name of Jesus I cancel every spirit of frustration, defeat, delayed success, and fear. Loose me NOW! Your time is up!

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