

WHILE IN SPIRITUAL WARFARE

PRAYER POINTS

LEARN THE ART OF WAR IN EVERY AREA OF LIFE



WITH NAE REESE

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Prayer Points



INTRODUCTION

What are Prayer Points?

Prayer points are specific topics or areas of focus that individuals or groups use during prayer. They serve as guidelines or prompts to direct prayers towards particular needs, desires, or situations. Prayer points can vary widely, covering personal issues like health, finance, or relationships, as well as broader concerns like the world, the nation, or the spread of faith. They are commonly used to help believers concentrate their prayers on specific objectives, develop a deeper connection with the God, and encourage a sense of unity among those praying together.

When should you pray?

Integrating prayer into our daily lives is essential, as the Scripture encourages us to "pray without ceasing." This continuous prayer isn't limited by location or activity; whether we're driving, working, or performing household chores, we have the opportunity to engage in prayer. Our prayers can be silent whispers or spoken aloud, adapted to the environment, and expressed in our native language or our spiritual

language, such as tongues, provided the setting allows.

Additionally, dedicating specific, uninterrupted time each day for prayer is crucial. Establishing and adhering to a regular schedule enhances our spiritual growth significantly. Here's a structured approach to enrich your prayer life:

1. **Choose a Consistent Time:** Commit to a daily time slot for prayer, allowing flexibility to extend if possible.

2. **Initiate with Worship:** Begin with 15 minutes of worship music to enter a state of gratitude and praise, as advised in Psalm 100:4-5. Standing during this time, if possible, can enhance your engagement.

3. **Pray in the Spirit:** For those gifted with speaking in tongues, dedicate time to this practice, increasing your duration gradually to deepen your spiritual communication with the Father. Encourage your physical self to follow the lead of your spirit.

4. **Prepare a Prayer List:** Maintain a list of individuals and matters you wish to pray for, keeping it dynamic as needs and insights evolve.

5. Practice Listening: Allocate time to listen. Often, we may miss the guidance of the Holy Spirit due to our focus on speaking. Silence can be a profound time of receiving.

By incorporating these practices, you'll likely experience a rapid elevation in your spiritual growth, balancing continual prayer with focused, undistracted times of deep intercession.

EMBRACE THE HOLY SPIRIT'S GUIDANCE IN YOUR PLANS

While approaching prayer with a structured plan is beneficial, it's essential to remain open and responsive to the Holy Spirit's direction. There may be days when the Spirit guides you towards dedicating your entire prayer time to worship or another form of intercession. Let the Holy Spirit guide your actions and be receptive to His leading.

PICK A PRAYER WATCH

If you're curious about what a "prayer watch" is, you're in for insightful knowledge. Some find themselves waking up at specific times during the night, which is a nudge from the Holy Spirit to engage in prayer during those hours. Prayer watches divide the 24-hour day into eight distinct periods, each with its spiritual significance:

1st Watch (6PM - 9PM): A time for quiet reflection and embracing new beginnings.

2nd Watch (9PM - 12AM): Focused on divine visitations, receiving favor, and experiencing deliverance.

3rd Watch (12AM - 3AM): Often called the Witching Hour, it's a period for engaging in spiritual warfare.

4th Watch (3AM - 6AM): The hour to ambush attackers and command your morning. A time when divine judgments are released.

5th Watch (6AM - 9AM): A period of empowerment for ministry, where believers are strengthened and prepared for service.

6th Watch (9AM - 12PM): Reflect on the crucifixion of Christ and witness the fulfillment of God's promises.

7th Watch (12PM - 3PM): A powerful time for spiritual grounding and accessing the secret place of the Most High.

8th Watch (3PM - 6PM): Dedicated to overcoming obstacles, securing victories, and witnessing miracles.

A great book to buy for more information on this topic is:

The Eight Prayer Watches by Ebenezer B. Gyasi

By understanding and participating in these prayer watches, you can align yourself more closely with what the Lord is doing in each season. Your prayer watch may change; be open to that. For a season, God had me praying during the 3rd Watch hour, then all of a sudden, it shifted and I was on the fifth watch.



PRAYER POINTS

WHILE IN SPIRITUAL WARFARE

- Right now, in the name of Jesus, I shield this time of prayer. Father, I ask that You would be a wall of fire around me, according to Zechariah 2:5, making me impenetrable to every attack of the enemy during this time. I blind every monitoring spirit in the name of Jesus. I ask You, O God, to stop up the ears of every monitoring spirit. They will receive no information in the name of Jesus.
- I shatter every monitoring device, every monitoring mirror, every monitoring remote control. All communication from the demonic is interrupted right now, in the name of Jesus.
- I reject fear in the powerful name of Jesus, for God has not given me a spirit of fear, but of power, love, and a sound mind (2 Timothy 1:7). As I go into battle, I first put on the whole armor of God as You have instructed me in Ephesians 6.
- Father, I fully understand that this battle is not with flesh and blood but against principalities, powers, rulers of the darkness of this world, and against wickedness in high places. Knowing this, I refuse to back down. Instead, I choose to SUIT UP! Right now, I put on my belt of truth, breastplate of righteousness, my feet are shod with the gospel of peace, I take my shield of faith, I put on my helmet of salvation, and I carry my sword of the Spirit, which is the Word of God, as I go into battle, praying all prayers and supplications in the Spirit.

- Father, I come before the courts of heaven, I repent for all sins and shortcomings, both those I have knowingly committed and those I may have committed unknowingly, which have grieved Your Holy Spirit.
- Father God, I also repent for the sins of my mother, father, grandparents, and anyone else connected to me, whose sins may be affecting me.
- As I stand before the courts of heaven, I plead for mercy, asking You to break every demonic agreement and annul every demonic covenant. I reject every demonic covenant in the name of Jesus, declaring that I am no longer connected to anything demonic.
- Father, Your Word instructs me to agree with my adversary quickly, according to Matthew 5:25. I acknowledge my guilt, but I thank You that the sprinkled blood of Jesus speaks better things than the blood of Abel.
- Now, every legal right the enemy has used to afflict me, to attack my mind, my finances, and my relationships, even in my dreams, is broken in the name of Jesus.
- I declare that every operation of witchcraft in my life is reversed by the blood of Jesus.
- In the name of Jesus, every witchcraft foundation in my life is dismantled by the fire of God.
- Arrows of deliverance locate every stubborn infirmity in my life and around me, destroying them in the name of Jesus.

- Right now, in the name of Jesus, every curse issued against me and my children from my mother's womb, from my father is broken by fire.
- All witchcraft verdicts against my life are canceled forever in the mighty and matchless name of Jesus.
- I enthrone Jesus in my heart. Let every evil king against my life fall down and perish, in the mighty and matchless name of Jesus.

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